

AISHATU YUSHA'U ARMIYA'U

PROFESSOR OF PSYCHIATRY

MEDICAL DIRECTOR, FEDERAL NEUROPSYCHIATRIC HOSPITAL, KADUNA

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Address: Department of Psychiatry, Abubakar Tafawa Balewa University, Bauchi State, Nigeria

CAREER OBJECTIVE

An exceptionally dynamic individual possessing a broad range of clinical knowledge, managerial abilities, research orientation, and a wealth of experience in evaluation and management. A results-driven, client-centered communicator with strong interpersonal skills, a track record of engaging clients and stakeholders at all levels across cultural boundaries, and the capacity to inspire teams to produce exceptional results.

CURRENT POSITIONS

Medical Director/Chief Executive Officer

Federal Neuropsychiatric Hospital, Kaduna

August 2022 - Present

Professor of Psychiatry

Abubakar Tafawa Balewa University, Bauchi

March 2022 - Present

Visiting Research Professor

Federal University of Health Sciences, Azare, Bauchi State

February 2023 - Present

EDUCATION & QUALIFICATIONS

- **Master of Arts in Public Policy (MAPP)** - O.P. Jindal Global University (In view)
- **Master of Business Administration (MBA)** - National Institute of Business Management (2018-2019)
- **Doctor of Philosophy in Psychiatry (PhD)** - Universidad Central De Nicaragua (2016-2019)
- **Master of Science (MSc), Forensic Psychology and Criminal Investigation** - University of Liverpool (2013-2016) - Pass with MERIT
- **Postgraduate Diploma in Education (PGDE)** - University of Ilorin (2017)
- **Certificate in Leadership and Management in Health (LMIH)** - University of Washington (2017)
- **Certificate in Fundamentals of Implementation Science** - University of Washington (2017)
- **Fellowship in Psychiatry (FWACP)** - West Africa College of Physicians (2007-2016)
- **Fellowship in Psychiatry (FMCPsych)** - National Postgraduate Medical College of Nigeria (2007-2012)
- **Bachelor of Medicine, Bachelor of Surgery (MBBS)** - Bayero University Kano (1995-2003)

PROFESSIONAL FELLOWSHIPS & MEMBERSHIPS

- American Psychological Association (2025 - Present)

- Nigerian Institute of Management (Chartered) MNIM (2018 - Present)
- Association of Psychiatrist in Nigeria (2013 - Present)
- Medical and Dental Consultant Association of Nigeria (2012 - Present)
- Nigerian Medical Association (2003 - Present)
- Institute of Leadership, Assessment and Development (ILAD) Fellow (2024 - Present)

KEY ACHIEVEMENTS & RESPONSIBILITIES

Electronic Medical Records (EMR) Implementation

Successfully deployed comprehensive EMR system across all departments with laptop distribution to heads of units and tablets for consultants, revolutionizing patient care documentation.

Solar Alternative Power Supply Installation

Completed installation of solar power systems across all hospital wards and departments, ensuring uninterrupted healthcare services.

New Complex Commissioning

Successfully commissioned and operationalized three major complexes: Prof Mohammed Habib Ahmed Administrative Complex, Brig. Gen Lawal Ja'afar Isa Emergency Complex, and Prof Abdulkareem Yusuf Jika COVID-19 Complex.

NHIA Accreditation and Service Launch

Achieved full NHIA accreditation and successfully launched NHIA services, making quality healthcare more accessible to insured patients.

Dialysis Unit Establishment

Established and operationalized a modern dialysis unit with patient-friendly design, television entertainment, and trained specialist staff.

Massive Staff Recruitment

Conducted successful recruitment exercise for 80 new staff members (58 senior and 22 junior staff) to address manpower shortages across all departments.

School Accreditation Achievement

Secured full accreditation for the School of Post-basic Psychiatric Nursing for the first time in 44 years, with increased capacity to 50 students.

Research Grant Acquisition

Principal Investigator for research project "Mental disorder and treatment satisfaction in oncology: A focus on Northern Nigeria" awarded TETFUND funding of N1,930,000.00.

RESEARCH INTERESTS

- Forensic Psychiatry
- Addiction Psychiatry
- Community Psychiatry
- Mental Health Policy and Implementation
- Suicide Prevention and Mental Health

SELECTED PUBLICATIONS (RECENT)

- Shoib, S., Siddiqui, M.F., Turan, S., Chandradasa, M., Armiya'u, A.Y., et al. (2025). Artificial intelligence, machine learning approach, and suicide prevention: a qualitative narrative review. *Prev Med Rev*, 0, 1-9.
- Taru, M.Y., Philip, T.F., Armiya'u, A.Y., et al. (2025). Mental Health Knowledge and Attitudes of Community Health Workers in Northern Nigeria. *Int J Psychiatry*, 10(1), 01-09.
- Armiya'u, A.Y., and Akande, Y. (2024). The role of mental health physician in the management of oncology patients: A case vignette and the need for collaboration. *Front Health Serv*, 4.
- Armiya'u, A.Y., and Kwaja, C.M.A. (2023). What does securitization mean for forensic mental health care in Nigeria? *Nextier Policy Brief*, 1(4), 1-8.
- Armiya'u, A.Y. (2020). Learning and developmental disorders in the criminal justice system. *J Crim Forensic*, 3(2), 18004.

PROFESSIONAL COURSES & TRAINING

- Reducing Tobacco-related Harm: Innovative Strategies for Health Care Providers - Harvard T.H. Chan School (2025)
- Women Leading the Future of Health Care: Breaking Barriers - Harvard Medical School (2025)
- Psychological First Aid - John Hopkins Bloomberg School of Public Health (2025)
- Connected Leadership - Yale School of Environment (2025)
- Basic Skills in Perinatal Mental Health - COPE Accredited Program (2024)
- Forward Program - McKinsey and Company (2024)
- Mental Health, Recovery and Community Inclusion - WHO QualityRights E-Training (2024)

AWARDS & RECOGNITION

- National Merit Award for exceptional career in the Health Sector - Tertiary Health Institutions National Consultative Forum (2024)
- Humanitarian Award - Standup for Women Society (2023)
- Award of Excellence for achievement in order of MERIT during first year as Medical Director (2023)
- Award of Outstanding Excellence in RESEARCH, TEACHING, and MENTORSHIP - JUTH Psychiatry Residents (2022)
- First female Fellow of both National Postgraduate Medical College of Nigeria and West African College of Physicians in Psychiatry

CONTACT INFORMATION

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Research Profiles:

ResearchGate: <https://www.researchgate.net/profile/Aishatu-Armiyau>

Google Scholar: <https://scholar.google.com/citations?user=cJrO5akAAAAJ>

ORCID: <https://orcid.org/0000-0003-0881-1281>